



It's so hard to say goodbye, but we must do so to these courses . . .

FirstLatch 5ed courses expiring June 30, 2024:

- Breastfeeding the NICU Infant
- Healthcare Training Program
- Nursing Ancillary
- Pediatric Short Course
- Prenatal Short Course
- Provider Training
- Public Health Nurse Training
- Re-Designation

Specialists Courses:

- Anesthesia, Opioids and Breastfeeding
- Medications & Exclusive Breastfeeding: What Pharmacists Should Know
- Radiology and Breastfeeding
- Registered Dietitians
- Social Workers
- Support Staff Overview to BFHI

Now that BFUSA has released *The Baby-Friendly Hospital Initiative, Guidelines and Evaluation Criteria, Sixth Edition*, and completed most of their hospital assessments under the 5ed guidelines, all hospitals should now start training staff with courses that align with the new *Ten Steps to Successful Breastfeeding*. To meet the 6ed criteria for training, we created two new courses:

Competency Based Training for Direct Care Personnel. This 14-hour course is designed to instill knowledge and foundational skills for engaging and supporting families with breastfeeding and human milk feeding. Health care professionals will leave this course with a solid foundation of how to provide comprehensive lactation support and manage common feeding challenges during the first few days of life. The instructors designed this course using evidence-informed information to remove barriers to breastfeeding and human milk feeding. The completion certificate grants 14 NCHs/CERPs/CMEs.

Competency Based Training for Physicians and Advanced Practice Providers. This 4-hour course is designed to instill knowledge and foundational skills for engaging and supporting families with breastfeeding and human milk feeding. It aligns with steps 1, 2, 3, 4, 5, & 10 of the Baby-Friendly Hospital Initiative, Sixth Edition "Ten Steps To Successful Breastfeeding". The completion certificate grants 4.0 AMA PRA Category 1 Credits from the Interstate Postgraduate Medical Association (IPMA).

Additionally, for staff that may not need the full 14-hour Competency-Based Training, we created individual Step courses to help customize the educational needs of your staff.

- Step 1 ABC
- Step 2
- Step 3
- Step 4
- Step 5
- Step 6, 7, 8
- Step 9
- Step 10

*****All of the new Competency Based Training courses are available for student enrollments.***

Frequently Asked Questions

Q. Are there plans to update/replace any of the 5ed courses?

A. There are only two courses from the 5ed series that we have replaced.

1. **Breastfeeding the NICU Infant.** This course is being replaced with **BreaSteps:Breastfeeding the Premature Infant.** The completion certificate grants 3 NCH, 3 L-CERPs, and 3 CMEs.
2. **Support Staff Overview.** This course is being replaced with our new **Becoming Baby Friendly** course. A certificate of completion is generated at the end of the lesson.

Q. How do we compare the difference in learning between the 5ed and 6ed guidelines?

A. Our BFHI Team suggests that your Multidisciplinary Task Force Subcommittee perform a knowledge and competency gap analysis to determine the educational needs of your staff. You can also refer to BFUSA's Guidelines and Evaluation Criteria, Sixth Edition, specifically Appendices C1 and C2. BFUSA also has a comprehensive Competency Verification Tool which is available to hospitals who are registered with them.

Q. Do the new courses have quizzes/questions built in that assess BFUSA's knowledge-based performance indicators?

A. Yes. The new courses include didactics followed by a post-test to cover specific competencies. Knowledge checks, along with quizzes, are random throughout the lessons.

Q. What is the cost for the new courses?

A. The cost for the course will be determined by the number of requested training seats. You can request a copy of our Training Costs for individuals and Group Tier discounts.

Q. How do we enroll students in the new courses?

A. Each of our training courses have designated templates for student enrollments. We will send the Group Manager the appropriate template for the specific course.

Q. Can any of our unused 5ed training seats be converted to the new courses?

A. Yes. We can convert any unused training seats to calculate a dollar amount (at the initial cost paid). The Group Tier your hospital falls under for the cost of the *new* course will determine the number of training seats you receive. If additional training seats are needed, you can request an invoice.

If you have any questions not addressed here, have suggestions on topics related to Baby-Friendly training per BFUSA's guidelines, or have questions about our student enrollment process, Group Manager access and privileges, supporting documents, etc., please let us know.

FirstLatch.net is a division of Lactation Education Resources (LER).

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